

PERCEPTION OF AGEING

Older people's health condition: **a constant evolution**

The global population is ageing. This means that we need to better examine how we understand ageing and older people in the future. This scoping review was undertaken to look at the changes that have occurred over time in the concepts regarding the health of older people and the factors that have led to these changes. The following is a chronological summary of the review.

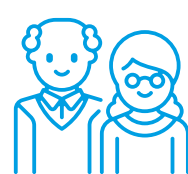
CONCEPTS AND COMPONENTS OVER TIME:

1946

The World Health Organization (WHO) defines health as « a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity ».

1950s

SUCCESSFUL AGEING



Focuses on the **subjective evaluation of an individual's sense of well-being and satisfaction** with life.

Avoidance of disease and disability
Maintenance of cognitive and physical function
Social engagement

1980s

PRODUCTIVE AGEING



Sees ageing **from the viewpoint of productivity** and transitions to the idea that society should maximise the productivity of older people more actively.

Productive activities: paid work; promoting volunteering; assisting families; and maintaining independence.

1990s

ACTIVE AGEING



Involves **optimising opportunities for health, participation and security** in order to improve quality of life as people age. Contributes to maintaining health and creativity throughout an individual's lifetime.

Determinants : Personal (e.g., genetics) Behavioural (e.g., physical activity) Social (e.g., social support) Economic (e.g., work)
Health and social services (life course)
Physical environment

HEALTHY AGEING



Aims to **develop and maintain the functional ability** that enables well-being in older age.

How an individual interacts with environment
Intrinsic capacity of the individual
Type of environment that the individual lives in

2000s

No generated concepts

AND NOW?



- ➔ Older people are now considered **“independent”** and **“productive”**, leading to changes in corresponding health concepts.
- ➔ **In the future**, a redefining of health concept and components must be considered based on the health issues of older people in recent years and their significance.



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Abbreviation

WHO: World Health Organization

Reference

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